How to Keep Each Other Safe

Face Covering Do’s and Don’ts:

**DO:**
- Make sure you can breathe through it
- Wear it whenever going out in public
- Make sure it covers your nose and mouth
- Wash after using

**DON’T:**
- Use if under two years old
- Use surgical masks or other PPE intended for healthcare workers

for more information: cdc.gov/coronavirus

STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19:

Avoid close contact with people who are sick.

Cover your cough or sneeze with a tissue. Then throw the tissue in the trash.

Avoid touching your eyes, nose, and mouth.

Wash your hands often with soap and water for at least 20 seconds.

Stay home when you are sick, except to get medical care.

Clean and sanitise frequently touched objects and surfaces.

Help Tulanians stay safe!

Record a PSA on any of these topics, and remind your friends how important it is to:

1. Wear a mask
2. Practice social distancing
3. Wash your hands
4. Check your symptoms daily
5. Get tested as directed
6. Follow the Tulane and City of New Orleans health guidelines
7. Be accountable and responsible for your community’s health

Submit your short video for a chance to be featured on Tulane’s social channels.

Submissions will be judged by a panel of students, faculty and staff on creativity and quality of message.

Make sure you wear your Tulane gear for extra consideration! Weekly winners will receive $500.00 in gift cards and the grand prize winner will receive $2500.00 in gift cards.